

Putting your Plan into Action

Vision, cont'd

What are some of the words, feelings, and ideas that stood out to you most in that vision?

What goal could you create that would get you closer to those words, feelings, and ideas this year? Remember, ideally it will be specific, measurable, attainable, relevant, and timebound.

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Actions

What are some of the habits that I'll need to build to make that vision a reality?

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

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What do I need to stop doing and start doing to make that vision a reality?

Start	Stop

Summary

What is one word that you can use to describe your “guiding principle” for this year? Think of this like your touchpoint to come back to that if actions are in alignment with this then they get you closer to your goal.